

# Sweet potato facts

- ✓ **A good source of:**
  - carbohydrate
  - protein
  - calcium
  - iron
  - potassium
  - fibre
  - vitamin C
- ✓ **Over 27 million tonnes produced in Africa in 2017**
- ✓ **Primarily eaten fresh:**
  - broiled
  - roots used as a low-cost substitute for bread
  - green leaves & shoots can be eaten as a leafy vegetable
  - roasted
- ✓ **Can be stored long-term in the ground until needed**

Sweet potato virus disease (SPVD) causes up to 98% yield losses in East Africa.

SPVD is caused by a combined infection of two viruses carried by whitefly & aphids.

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